RESEARCH READY CARE HOME NETWORK

DeNDRoN has established a Research Ready Care Home Network to help researchers to work in the different environment of Care Homes.

Starting in North Thames, Yorkshire, Thames Valley and the North West regions, the network will organise the coming together of Care Home staff, residents and researchers to facilitate the delivery of research. The network can provide:

- Advice and support on overcoming the challenges in delivering research in Care Homes
- Feasibility consultations with Care Homes and residents
- Support with identification of Care Homes and residents to support studies
- Assistance with local research management, governance processes and facilitating set-up and delivery of studies (subject to inclusion on NIHR CRN portfolio)
- Access to a national network of Care Homes which includes the largest UK-based groups including BUPA Care Homes and Barchester Healthcare – ENRICH partners.

DeNDRoN also supports the development of its academic research portfolio to increase the quantity and quality of dementia and neurodegenerative diseases research in England. It aims to facilitate the writing of high quality grant applications and increase the chances of successful delivery of research protocols.

To find out more about these research collaborations contact DeNDRoN.

ACCESS THE NETWORK

Accessing the Network is simple:

1. Visit the ENRICH website
2. Contact your local research network to discuss your requirements

CONTACT DETAILS

Dementias & Neurodegenerative Diseases Research Network
Co-ordinating Centre
E: enrich@dendron.org.uk
T: 0203 206 4960
W: www.dendron.nihr.ac.uk/enrich

The Dementias & Neurodegenerative Diseases Research Network is part of the NIHR Clinical Research Network, which supports research to make patients, and the NHS, better
Around 250,000 people with dementia live in Care Homes, an even greater number have other health issues which are the subject of research. However, only a small amount of research is conducted in these settings, and many studies specifically exclude Care Home residents.

The NIHR and Dementia and Neurodegenerative Diseases Research Network (DeNDRoN) want to increase the amount of research conducted in Care Homes, and improve access to research for residents.

With an ageing population only set to increase in coming years, Care Homes play a vital role in supporting and caring for older people, and are an essential partner in the delivery of research.

There are five key reasons for working with Care Homes:

1. **The environment and population in Care Homes**
   Many people with neurodegenerative disorders and health issues live in Care Homes. This community is easy to access and supportive of research.

2. **Improving access to research**
   Care Home residents are under-represented in clinical research, opening access to these studies can improve recruitment.

3. **Provides evidence and guides best practice**
   Because residents are under-represented in research, there are some areas where the evidence to support best practice is weak. This lack of evidence provides opportunities to develop new research.

4. **Raises the standards**
   Research evidence is instrumental in helping raise the standards of care in Care Homes. For example one study provided training and support for Care Home staff and as a result it reduced neuroleptic use in residents with dementia by 50% without worsening behavioural symptoms.

5. **Improves quality of life**
   People in Care Homes and their families want to be involved in research to improve quality of life and quality of care. Collaboration with Care Homes can provide opportunities to work with residents who are at a particular stage in their illness.

If you want more information on preparing and delivering studies in a Care Home setting visit the ENRICH toolkit: www.dendron.nihr.ac.uk/enrich